

# Directions to the Clinical Physiology Laboratory



The Clinical Physiology lab is located at the UCSD Medical Center Campus in Hillcrest about 30 minutes south of the main campus in La Jolla. Visitors should park in the Arbor Parking structure on the first 8 floors which requires a permit (\$4 for the first 2 hours then \$1 per hour thereafter, or \$8 for the day).and then walk to the lab. To get to the parking structure...

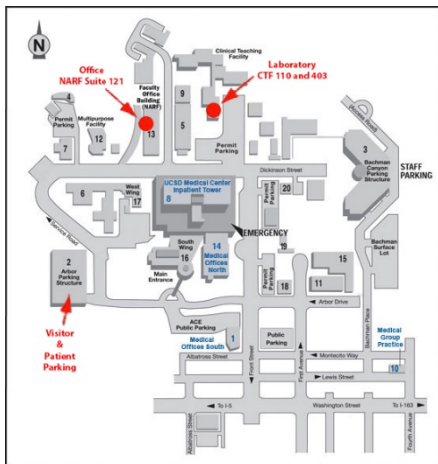
**From the I-5 heading North**, take the Washington Street exit which puts you on India Street heading north. Stay in your right lane and turn Right onto Washington street. Follow Washington up the hill until you reach 1<sup>st</sup> Ave and turn left. Turn left onto West Arbor Dr. and go straight through the cul-de-sac and into the parking structure.

**From the I-5 heading South**, take the Washington Street exit and turn left onto Washington Street. Follow Washington up the hill until you reach 1<sup>st</sup> Ave and turn left. Turn left onto West Arbor Dr. and go straight through the cul-de-sac and into the parking structure.

**From the I-8 heading West or East**, take the 163 freeway South towards downtown. Follow the instructions for SR-163 heading South.

**From SR-163 heading South**, take the Washington Street exit which will lead you westward. Keep going on Washington Street until you reach 1<sup>th</sup> Ave and turn right. Turn left onto West Arbor Dr. and go straight through the cul-de-sac and into the parking structure.

**From SR-163 heading North**, take the Washington Street exit which will lead you eastward. Make a U-turn and follow Washington St. to 1<sup>st</sup> Ave and turn right. Turn left onto West Arbor Dr. and go straight through the cul-de-sac and into the parking structure.



The office for Dr. Hargens is located at 350 Dickinson Street in Suite 121. Labs are located in the Clinical Teaching Facility (CTF) Building C just two buildings east of his office, directly facing the north side of the main hospital.

**Dr. Hargen's Office:** 619-543-6805

**Clinical Physiology Lab:** 619-543-3810

